

Menopause medicine list (formulary) 2026

Who we are

MEDiPOS Medical Scheme (referred to as "the Scheme"), registration number 1548, is a not-for-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd, registration number 1997/013480/07, (referred to as "the administrator") is a separate company and an authorised financial services provider and is responsible for the administration of your membership on behalf of the Scheme.

Important information you need to know

The MEDiPOS Medical Scheme Rules set out the requirements for the Chronic Illness Benefit (CIB). The utilisation of the benefits and programmes associated with the Chronic Illness Benefit is subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions. The Scheme rules are available on www.medipos.co.za.

Any instruction or advice we give about medicines and the management of the member's condition is intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of the member's healthcare providers.

MEDiPOS Medical Scheme reserves the right to change the benefit at any time. We will communicate any changes to the way we pay for medicines when we make these.

You have full cover, up to the Medical Scheme Rate (MSR), for approved medicine on the Scheme's medicine list (formulary). For medicine not on the medicine list (formulary), you may have a co-payment.

From 1 February 2026, should a non DSP Pharmacy be used, Option B Classic and Option C members will be responsible for a co-payment. MediRite is the DPS's for chronic medicine.

About some of the terms used in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of some of these terms:

Terminology	Description
Chronic Drug Amount (CDA)	The Chronic Drug Amount (CDA) is the monthly amount that we pay for a medicine class, subject to a member's benefit option. This applies to chronic medicine that is not listed on the medicine list (formulary).
Medicine class	Medicines with similar chemical structures or similar therapeutic effects.
Reference Price	The Reference Price is the set monthly amount we pay for a medicine category. This applies for medicine that is not listed on the medicine list (formulary).

Formulary medicine

The menopause medicine list (formulary) applies to MEDIPOS Medical Scheme for the 2026 benefit year. The Chronic Drug Amount (CDA) **does not apply** to Option C.

Medicine name	Medicine class	Chronic Drug amount (CDA)
Estrofem 1mg	Estrogens	R205
Estrofem 2mg	Estrogens	R205
Activelle	Progestogens and estrogens, fixed combinations	R285
Novofem	Progestogens and estrogens, sequential preparations	R295
Provera 5mg	Progestogens - Pregnen (4) derivatives	R230
Provera 10mg	Progestogens - Pregnen (4) derivatives	R230

Contact us

You can contact us on 0860 100 078 or visit our website at www.medipos.co.za for more information.

Complaints process

If you do not accept the Scheme's authorisation decision at any time, you can lodge a complaint or query with the Scheme directly on 0860 100 078 or address a complaint in writing to the Principal Officer at the Scheme's registered address. If your complaint remains unresolved, you can lodge a formal dispute by following the Scheme's internal disputes process.

You can, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / complaints@medicalschemes.co.za / www.medicalschemes.co.za.