

SEPTEMBER MEDIFLASH

YEAR-END UPDATE

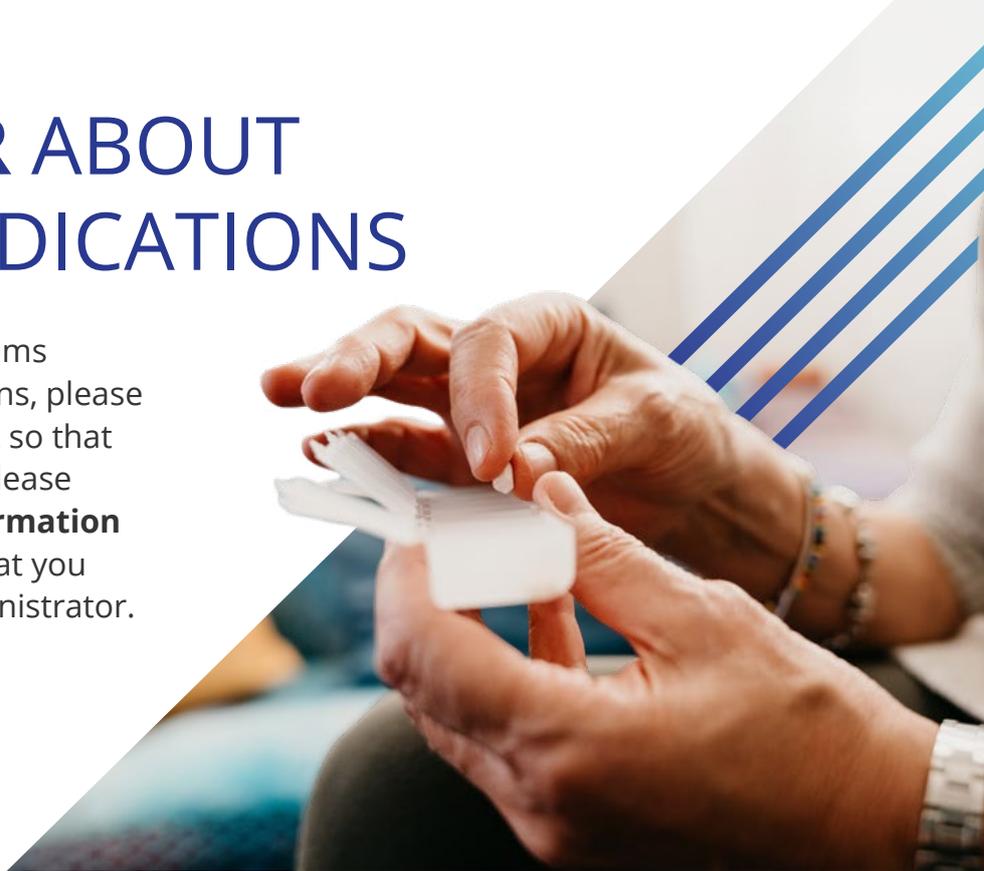
It's that time of year when the Scheme is working on the benefit and contribution updates for next year. In a few weeks' time we'll be sharing these with you, so it's important to ensure that we have your correct contact information. To review and/or update your contact details, log into the [MEDiPOS website](#) and provide us with your email address and mobile number. Don't miss out on important news and communications – update your contact details today.



A REMINDER ABOUT CHRONIC MEDICATIONS

Should you encounter any problems obtaining your chronic medications, please contact us with an updated script so that we can load it onto the system. Please send your **script** as well as **confirmation of approval** for chronic cover, that you obtained from the previous administrator.

You may send these to cib.app.forms@medipos.co.za



DON'T GET CAUGHT OUT WHEN YOU VISIT YOUR GP

As a MEDIPOS member you receive full cover for your GP visits if the healthcare professional you visit is a Designated Service Provider (DSP) who is registered on our network. This means that they charge a rate that the Scheme has agreed to pay and you won't have to pay out of your pocket for the consultation. If you visit a doctor who is not a DSP, you may have to pay part of the consultation fee. To find a network doctor in your area view the complete healthcare provider list by logging in to the [website](#).





HAVE YOU CLAIMED YOUR FREE VITALITY YET?

As part of the change in administration, MEDiPOS members and their dependants have been offered a year's free access to the Vitality Active Wellness Programme!*

This is an exclusive, once-off offer and members who opt-in have access to the free Vitality Active offer from **1 May 2025 until 30 April 2026** only. Late joiners will not receive an extension on this offer – the complimentary access will end on 1 May 2026. It's not too late to join for free and enjoy six months of Vitality access. Thereafter, should you wish to remain on the programme, you will be debited directly from your own bank account for your monthly Vitality Active fee with effect from 1 May 2026.

[Find out more about Vitality](#)

* Please note: Vitality is not part of MEDiPOS. The products offered by Discovery Vitality (Pty) Limited, under the Vitality programme, are not related to any MEDiPOS benefits.

EVERYTHING AT YOUR FINGERTIPS

Remember that you can find everything you need on our website – [from our contact details](#) to application forms and where to find your nearest doctor. Visit www.medipos.co.za and don't forget to register if you haven't done so already.



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